

INCREDIBLE YEARS

Venus Star Centre



What is it?

It's a 14 week course for parents focusing on real life parenting experiences



Who is it for?

The course is for parents with school aged children (ages 3-10 years)



What does the course entail?

The course is designed to enhance parenting skills and confidence. It will focus on:

- * Play
- * Praise
- * Effective Limit Setting
- * Consequences



How do we know it works?

The course is an evidenced based intervention that is recommended by NHS. The course was created by Dr Caroline Webster Stratton. It aims to improve children's academic, social and emotional abilities while decreasing Behavioural issues



Want to know more?

If you would like to know more about the course, our services or to make a referral contact 07483910403 or head to our website www.venuscharity.org

