



## Supporting Your Child in Reception

**There is a lot you can do at home that really helps. As we are now very much settled into school we are learning so much every day!**

Children develop at different rates, especially in Reception. With the right support at home and school, many children make rapid progress.

What helps children most (evidence-based)

### **1. Talking together every day**

Talking is one of the most powerful ways to support learning. - Chat during everyday routines (meals, bath time, getting dressed) - Take turns in conversation – listen and respond - Encourage your child to explain ideas, not just give answers

*Why this matters:* Strong language skills support reading, writing, and confidence.

### **2. Reading together (even if your child can't read yet)**

- Read every day if possible – short and enjoyable is best
- Talk about the pictures and the story
- Re-read favourite books

*Why this matters:* Sharing books builds vocabulary, understanding, and a love of reading.

### **3. Learning through play**

Play is how young children learn best. - Pretend play (shops, doctors, superheroes) - Building with blocks or Lego - Simple board games and turn-taking games

*Why this matters:* Play develops language, problem-solving, attention, and social skills.

### **4. Routines and emotional support**

Many children find learning harder when routines are unsettled. - Try to keep regular bedtimes and mealtimes - Praise effort and trying, not just getting things right - Offer calm, clear boundaries

*Why this matters:* Feeling safe and settled helps children concentrate and learn.

### **5. Attendance and wellbeing**

- Coming to school every day really matters
- A happy, confident child learns better than a pressured one



### **A final message**

Small, everyday activities at home make a **big difference**. Talking, reading, playing, and keeping routines steady give children the foundations, they need to thrive.

If you have concerns, please talk to your child's teacher – working together is the best support of all.

Kind Regards,

Mrs Sefton

EYFS Lead